



Sports Massage & Rehabilitation

*Back & Neck pain , Tight muscles , Tendonitis,
Sports injuries, Repetitive Strain.*

***Recover** quicker*

***Maintain** condition*

***Prevent** injuries*

- ♦ 30 min Non –injury Specific - £30.00
- ♦ 60 min Initial Assessment & Treatment - £40.00
- ♦ 60 min Sports Massage - £40.00
- ♦ 60 min Swedish Massage - £40.00
- ♦ 90 min Stress Buster Full Body massage - £60.00
- ♦ Kinesiology Taping Application - £15.00

Book for an appointment

Massage Treatments available at Saints Gym

Contact Jake: 07875 486 370